# How Do I Take the SPRX?

#### Past Cause

(Desire vs. Addiction)

The SPRX associated with your PAST (Organ number on far left of your OTS) should be taken in the morning.

#### Core

#### (Strength vs. Weakness)

The SPRX associated with your Core (center number of your OTS) should be taken at mid-day.

#### Present Effect

#### (Stress Result of Addiction)

The SPRX associated with your PRESENT (Organ number on far right of your OTS) should be taken in the evenings.

#### **Stress Pattern Processing Session**

Take all 3 SPRX prior to your processing appointment. Take a few drops of each, one minute apart.

We encourage you to take advantage of this advanced approach to detoxifying the mind to enable you to experience more of the wonderful potential you have inside of you.

Biological Immunity Research Institute 13610 N. Scottsdale Rd. Ste 10-456 Scottsdale, AZ 85254 Toll Free: 888-221-4116 Intøl Tel: 480-948-6766 www.BIRI.org info@biri.org

## SPRX

### Stress Pattern Remedies

#### **Ingredients**

Each SPRX contains a homeopathic formula consisting of the following Essences, Nutrients, Vitamins, Minerals, and Herbs:

Black Locust Klein's Cholla Bougainvillea Trace Minerals Brandy Pangamic Acid Bright Star Periwinkle Camphor Weed Smartweed Desert Marigold Spanish Bayonet Evening Star Thistle Fendler Hedgehog Cactus Spanish Bayonet Yucca Fire Prickly Pear Wild Buckwheat Foothills Palo Verde

Each SPRX contains a *specific cellular attenuation* designed to target the organ or gland corresponding to the Remedy Number. The effect may be physical, mental or emotional.

The SPRX are packaged in a specially designed 1/4-oz. dropper bottle.

#### Dosage

The SPRX are to be taken one dropper at a time, under the tongue.

Increasing the number of times one takes the remedy, rather than increasing the number of drops at one dose, is the way to increase the effect. It is not recommended to increase the dosage. However, at a time of crisis, the SPRX can be taken in reverse order within several minutes of each other to provide the needed support to the organs and glands. Copyright © 1975 - 2007 All Rights Reserved BIRI

#### **One Cause: Two Aspects of Dis-ease**

We believe there is one cause (energy loss) and two aspects to every dis-ease: a *physical* aspect as well as a *metaphysical* aspect. For wellness to exist, the cause must be removed and both aspects need to be identified and remedied.

#### Stress = Radiation

SPRX are designed to assist in removing the radioactive emissions (stress) emanating from past traumas that are continuing to radiate you and steal your physical, mental and emotional energy. Everyone has experienced these traumas and is continually affected by them. For example, when most people are asked to recall at least one past traumatic situation, they find it very easy to do.

#### Traumas, Resistance & Conflict Energy

The traumas we speak of are the result of living a life based on a belief system that is out of tune with our õtrue selfö. A common example is where a person is compelled to live according to guidelines dictated to them by others, instead of choosing to live according to their own desires or personal convictions. As you struggle to express your õtrue selfö, you encounter resistance, which creates a conflict, which creates pressure. Eventually, enough pressure accumulates to manifest as a traumatic experience. Traumas may be physical, mental, or emotional and they serve one important purpose: to release the emotional energy and pressure from the stress and conflict in our lives. During a trauma, we experience tremendous energy

loss. We become involved in the effects of the trauma and loose sight of the cause. Once the trauma is over, life "gets back to normal". However, if the conflict in our life is not resolved, once again the resistance, energy and pressure will begin to build, and it will only be a matter of time before we precipitate another trauma. This happens time and time again throughout our life until finally, we discover a way to eliminate the cause of the stress, pressure and conflict in our lives.

Soul Pattern (The Plan For Your Life) Soul: The aspect of our spiritual reality that is the animating principle or actuating cause of an individuals life.

Our Soul Pattern is the plan for our life. It is the purpose for which we were born. It is the culmination of a genetic focus resulting from our genealogy and past experiences.

Our Soul Pattern is our õtrue identityö our õtrue selfö . Our Soul Pattern is something we bring into this dimension with us. It is all about our strengths. It cannot be changed. It represents what our life could be like if we were free of all our emotional addictions. When we are not in touch with this aspect of our being our lives take on a different pattern ô a Stress Pattern. Unfortunately, many people find themselves in this position.

#### Stress Pattern (MemGram®) (The Plan Against Your Life)

Each individual develops a MemGram® from the point of conception onward. From a very young age, we are programmed to respond to people, places, circumstances and events. This programming is the cause and effect of the stress we experience during our formative years. Our MemGram® becomes who we are. Unlike our Soul Pattern, our Stress Pattern (MemGram®) can be changed, but only by ourselves. In order to change our MemGram® we must first understand it. A MemGram® Report provides the insight and understanding that is needed to change it.

#### **Know Thyself**

Our MemGram® Report, gives us the information to understand the plan against our life and who we are in relation to it. It is what you don¢t know about your self, your life and your purpose that causes you to be unhappy and inefficient. Once you begin to õKnow Thyselfö you become a creative, powerful and productive individual.

#### Neutralize the Radiation

Certified MemGram® Processors have the training necessary to help you shine the light of todayøs wisdom on your past traumas. This neutralizes the radiation of the past traumas and reduces them to nothing more than just a memory.

#### **Benefits**

Once we discover our Stress Pattern, exciting

things happen:

"We understand how we participate in our circumstances

" Our life takes on new meaning, purpose and direction

" We no longer create traumatic/stress situations

"We end premature aging

"We celebrate abundance

"We connect with our purpose

"We enjoy the cellular experience of joy and grace in every moment

"We become open to giving and receiving

"We express our talents and gifts by integrating our strengths

" We experience clarity and courage to do what we most love to do

"We practice unconditional love and support

" We experience the natural flow of unconditional energy within and without

" We learn to surrender personal will to the direction of Godø will

"We learn to give up the need to personally control the details

"We gain insight, becoming physically, mentally, and emotionally more efficient

"We learn to trust the process